

## Friends & Partners

Located in the West Nile District of northwestern Uganda. LifeStitches partners with the Arua Regional Referral Hospital PMTCT Program, the Maracha St. Joseph's Hospital PMTCT Program and the Uganda Ministry of Health to improve the health and economic well-being of the poor and marginalized HIV-positive pregnant women and mothers living in this developing country setting.

### How To Help Now

**LifeStitches Uganda** is a 501 (c)(3) nonprofit organization. Your tax deductible donations to LifeStitches provide for development of the Workshop programs.

### Contact us :

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Life Stitches Uganda

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One Mother, One Child,  
One Chance.



*The Life Stitches Project economically empowers HIV-positive women in West Nile Region of Uganda. Sponsored by Life Stitches Uganda a nonprofit organization of professional women and other volunteers based in Albuquerque, New Mexico.*



# LifeStitches Uganda

One Mother, One Child, One Chance



## HIV/AIDS in Sub-Saharan Africa & Uganda

## The Project Today...

## The Bigger Picture...

As in all sub-Saharan Africa, AIDS has taken a terrible toll in Uganda. Stemming the tide of disease is a twofold effort...treatment with antiretroviral medications and prevention. A vital part of prevention are...Prevention Mother to Child Transmission (PMTCT) medical programs.

Certainly, anti-retroviral therapy and PMTCT medical programs are making an impact. However, living with HIV/AIDS in Africa has tremendous social stigma. HIV-positive mothers and babies can be rejected by their families, thrown out of their villages and denied community support.

The LifeStitches Project empowers HIV- positive women with children in West Nile Uganda. These mothers who are not otherwise able to generate income are in need of skills, materials and equipment to become financially self- sufficient.

The LifeStitches Project directly supports sewing workshops in two communities: Arua and Maracha. The sale of beautiful cotton table products which the women stitch provides income to the individual mothers .

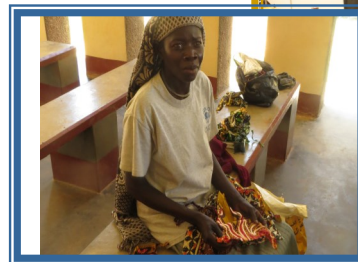
Because ninety percent of children living with HIV/AIDS acquire the infection during pregnancy, birth or breast feeding from their HIV-positive mother, Prevention Mother to Child Transmission (PMTCT) is a cornerstone in the battle against the HIV/AIDS epidemic in sub Saharan Africa.

PMTCT medical programs include antiretroviral prophylaxis for the HIV/AIDS mothers before delivery and for the infant after delivery as well as a controlled breast feeding regimen.

At the LifeStitches Project we like to think of PMTCT as one mother, one child, one chance...to prevent the spread of AIDS by helping to break down the AIDS stigma barriers which keep HIV-positive pregnant women from enrolling in PMTCT medical programs.

Economically empowering mothers through the Life Stitches Project enables each mother and the collective group to overcome much of the AIDS stigma they and their children face in their communities.

We hope the LifeStitches Project will serve as a model for future LifeStitches projects across Uganda. Fighting AIDS Stigma one stitch at a time!



EACH MOTHER RECEIVES PAYMENT FROM EACH PIECE SHE PRODUCES. ALL PROFITS RETURN TO THE PROJECT.

